

July 2024

**ILS News**

Editor: Greg Peters  
Safety Mentor

# CAREGIVER SPOTLIGHT

**Our Spotlight Employee this month will receive:**



**Lancaster - Brewing Co. Gift Card**

**Tamaqua - Walmart Gift Card**



**Truly Huynh**  
**Lancaster Office**

Truly is a reliable and dependable responsible aide. She accepts private pay cases and others she answers to by e-mail blasts. Truly adheres to all changes with her schedule. Her clients appreciate her and compliment her often regarding her caregiving.



**Melissa Strausser**  
**Tamaqua Office**

Melissa has been with ILS for 6 years. She always responds when open hours are posted and is always willing to fill in with call offs. She is dependable and reliable. Her consumer's say they don't know what they would do with out her.

**Please be Advised as Always!**

We need to be providing daily notes on care needs in the participants ILS Binders

## Featured Training

**Protecting Private Information and the Basics of HIPAA**  
Completion of this course, you will receive 1 hour paid training time.



### Ten Tips for Preventing Bites Read Body Language

**\*\*Please contact the office if any pet is making you feel unsafe or questionable\*\***

- **Pay attention to the dog's body language** for signs that it may be fearful, anxious, or ready to bite.
- **Adjust Entry/Exit and Schedules.** For dogs that may be potentially fearful or reactive, provide separate waiting and/or entry areas or schedule them for the first or last appointments of the day.
- **Let the Dog Be Last.** Allow the dog and owner to be the last individuals to enter the examination room. \*
- **Postpone Greeting the Patient.** Do not rush to greet the patient; instead, give the dog some time to decide about interacting and respect the dog's space.
- **Approach Sideways.** Have the owner bring the dog to the center of the room and approach the dog from the side instead of the front.
- **Feed Tidbits.** Use food liberally throughout the visit to create a positive experience for the dog.
- **Suggest they make use of a Muzzles or sequestering.** Documenting dog with a history of biting.
- **Keep a record** for each patient that includes a behavior specific about the dog's behavior.
- **Educate the client** about safely medicating the dog at home or have the client board or bring the dog to the clinic for medication administration.
- **Make every effort** to ensure that the dog's visit is as positive as possible; allow the pet to learn that visits include delicious food, consistent routine, and gentle handling.



**If you experience a needlestick or sharps injury or are exposed to the blood or other body fluid of a client during the course of your work, immediately follow these steps:**

- Wash needlesticks and cuts with soap and water.
- Flush splashes to the nose, mouth, or skin with water, Irrigate eyes with clean water.
  - Report the incident to your supervisor immediately to seek medical treatment.

## Top 10 Tips to Keep You Cool During a Heat Wave

1. Find air conditioning.
2. Stay hydrated by drinking plenty of fluids — even if you don't feel thirsty.
3. Stay indoors.
4. Avoid strenuous or high-energy activities, especially during the hottest part of the day.
5. Wear loose-fitting, lightweight, light-colored clothing.
6. Watch for signs of heat illness, including heat cramps, heat exhaustion, and heat stroke.
7. Never leave a child or pet alone in an enclosed vehicle.
8. Check on the well-being of family, friends and neighbors, especially those who don't have air conditioning.
9. Check on pets frequently to ensure they aren't suffering from the heat.
10. Prepare for a possible power outage.



### Are Flip Flops Dangerous For Your Feet?

During our warm weather months, flip flops are on display in an array of colors and playful styles. But can this popular summer footwear be harmful for your feet? Flip flops are fine for a day spent poolside or at the beach. When you plan to lounge by the water and swim, flip flops provide traction and waterproof protection for the bottoms of your feet.

**Don't wear flip flops/sandals ESPECIALLY WHILE WORKING!!!**

When your toes have to grip for extended periods of walking, you risk aches and pains in your feet and legs. **An athletic shoe or closed toed shoes offer greater protection with your foot** and more support and control is a better choice for working with our participants & when you are going to be doing a lot of walking.

**Thank you for all you do & Please remember to protect your feet while working**

### Happy Birthday

Magdalena Long 1st, Destiny Miller 7th, Erika Valentin 8th, Ana Morel Rodriguez 9th, Hannah Funk 10th, Kristin Morales 11th, Zhanaye London 14th, Donna Jenan 18th, Debra Sterner 19th, Joy Albright 23rd, Pamela Brooks 24th, Diana Baker 25th, Nicole Heil 26th, Debra Lightfoot 27th, Luz Cuevas 27th, Nicole Canzoneri 30th,

### Happy Anniversary

Ashley Berger 6yrs., Debra Lightfoot 5yrs., Destiny Miller 5yrs., Bruce Gilbert 5yrs., Nicole Canzoneri 4 yrs., Janneth Guerra 4 yrs., Melissa Strausser 6 yrs., Jennifer Smell 1yr., Mildred Cespedes De Crucetta 1 yr.,

### Your ILS Support Team:

Jared, Ashley, Denise, Lisa, Jen and Barb  
Monica, Stephanie, Luz, Lori and Greg

