

August 2021



Editor: Greg Peters, Safety Mentor



\$ 500.00 REFERRAL BONUS

The heart of our business at Independent Living Services is in our caregivers. Our ability to provide the necessary care for those less fortunate in our community is dependent on our ability to attract the most reliable, compassionate, and excellent caregivers in the community. We also know that our best caregivers come from recommendation and referral from our own employees. The COVID-19 pandemic has brought trying times to us all, and we are in need of quality caregivers in Lancaster, Schuylkill and Carbon counties.

If you have a friend or family member who is interested in our team, please complete the form and send to Lisa Searfoss (Tamaqua Recruiter) or Stephanie Guerra (Lancaster Recruiter). If your referral meets the hiring criteria and is brought on as a PCA for 90 days (with a satisfactory 90 day evaluation), you will receive a referral bonus of \$500 paid directly to you!!!! This will be effective as of 3-8-21 and last until 9-30-21 which has been extended. (After which, it will return to our normal referral bonus of \$100). We thank you for trusting us to provide employment for your friends and family members and we look forward to showing it with this limited time referral bonus!

Training Academy

Training Academy for the July through September Quarter can be accessed with a video and handout from the last Training Academy in the resource section for PCA's to review it.

www.indlivingservices.org/employee

Thank You for All You Do!

Please continue to be *Vigilant, Safe & Well.* Wearing masks and use all safety precautions.

*****Please contact us if you are in need of PPE supplies*****

Caregiver of the Quarter 2021

Tamaqua: Rayna Stilitino

Lancaster: Ellen Eby

Remember to check your emails from ILS. They include important information and maybe even an announcement of an upcoming GIVE-A-Way contest, don't be left out!

SAFETY CORNER



CAREGIVER CHECKLIST

Keep a close eye on those in your care and ask yourself these questions:

- Are they drinking enough water?
- Do they have access to air conditioning?
- Do they know how to keep cool?
- Do they show any signs of heat stress?
- Older adults do not adjust as well as young people to sudden changes in temperature.
- They are more likely to have a chronic medical condition that changes normal body responses to heat.
- They are more likely to take prescription medicines that affect the body's ability to control its temperature or sweat.
- Do not rely on a fan as your main cooling source when it's really hot outside.
- Don't use the stove or oven to cook—it will make you and your house hotter.
- Wear loose, lightweight, light-colored clothing.
- Take cool showers or baths to cool down.
- Check on a friend or neighbor and have someone do the same for you.

Stay informed

- Check the local news for health and safety updates.
- **Seek medical care immediately** if you have, or someone you know has, [symptoms of heat-related illness](#) like muscle cramps, headaches, nausea or vomiting.
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The ILS Support Team:

Ashley, Denise, Geri, Lisa & Jenn

Monica, Stephanie, Luz, Lori, Barb & Greg