

SUNRISE/SUNSET CARE PACKAGE

Wake up to a feeling of independence!



Don't be overwhelmed by your morning and evening routine. Our caring companions can make your daily transitions safe and easy.

MORNING AND EVENING CARE:

- Assist with bathing, dressing, grooming
- Dentures, glasses, hearing aides
- Prepare breakfast or evening snack
- Medication reminders
- General household tasks
- Assistance getting up/down stairs

Suggested Service:

Two daily 1.5 hour visits
(21 hours/week)

**Need more or less hours?
We can customize a care plan
specific to your needs.**

888-837-4235

indlivingservices.com

Independent Living Services

ACCESSING INDEPENDENCE
full service personal care